

## Resources in Healthy Social and Emotional Development for Families and Caregivers

Two organizations with extensive online resources for families of young children and their caregivers are the [Technical Assistance Center on Social Emotional Intervention for Young Children \(TACSEI\)](#) and the [Center on the Social and Emotional Foundations for Early Learning \(CSEFEL\)](#). Both



organizations use the “Pyramid Model” framework for promoting the health, social, and emotional development of young children (see illustration). The Pennsylvania Early Childhood Mental Health Advisory Committee also uses this framework to organize its work.

Among a number of services, TACSEI creates products for families, caregivers, and others. These products include articles and tip sheets for family members and direct service professionals, such as handouts on “Teaching Your Child to Identify and Express Emotions” and “Teaching Your Child to Cooperate with Requests,” and videos on “Promoting Social Emotional Competence” and “Practical Strategies for Teaching Social Emotional Skills.”

CSEFEL, TACSEI’s partner organization, provides two sets of training modules: 1) to support early care and education providers who work with preschool children and their families, and 2) to help professionals work with parents to promote their children’s social and emotional development and address challenging behavior. A series of “What Works Briefs” gives practical strategies and provides additional resources. Topics include “Helping Children Understand Routines and Classroom Schedules,” “Helping Children Learn to Manage Their Own Behavior,” and “Fostering Emotional Literacy in Young Children.”