



Feeling Blue
Suicide Prevention Council
Education • Support • Resources
www.feelingblue.org

ASIST T4T



Applied Suicide Intervention Skills Training

A 5-day Suicide Prevention Program Training

Sponsored by:

Feeling Blue Suicide Prevention Council

Co-Sponsored by:

Drexel University College of Medicine
Behavioral Healthcare Education

CREDIT INFORMATION

Target Audience:

Teachers, School Personnel, Counselors, College and University Counseling staff, Clergy, LSW's, MSW's, County Health and Mental Health Employees, Elder Care Staff, Corrections Personnel, Juvenile Justice Staff, and the General Population.

CREDIT INFORMATION

APA (Psychology): Drexel University College of Medicine, Behavioral Healthcare Education is approved by the American Psychological Association to sponsor continuing education for psychologists. The **ASIST Train the Trainer** Program is offered for 28 credits. Drexel University College of Medicine, Behavioral Healthcare Education maintains responsibility for this program and its content

ASWB (National Social Work): Behavioral Healthcare Education, provider #1065, is approved as a provider for social work continuing education by the Association of Social Work Boards, www.aswb.org phone: 1-800-225-6880, through the Approved Continuing Education (ACE) program. Behavioral Healthcare Education maintains responsibility for the program. Social Workers will receive a maximum of 28 continuing education clock hours for participating in this course.

NBCC (National Counselors): Drexel University College of Medicine is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. We adhere to NBCC continuing education guidelines. We can award 28 continuing education credits for the **ASIST Train the Trainer** Program.

CEU (IACET) The Drexel University College of Medicine, Behavioral Healthcare Education has been reviewed and approved as an Authorized Provider by the International Association for Continuing Education and Training (IACET), 1620 I Street, NW, Suite 615, Washington, DC 20006. The Drexel University College of Medicine, Behavioral Healthcare Education has awarded a maximum of 2.8 CEU's to participants who successfully complete this program.

Feeling Blue Suicide Prevention Council is pleased to offer a series of this training, in collaboration with Drexel University College of Medicine Behavioral Health Education.

ASIST Train the Trainer

ASIST, an evidence based program, is designed to help all caregivers become more willing, ready and able to help persons at risk. Suicide can be prevented with the help of prepared caregivers.

Just as "CPR" skills make physical first aid possible, training in suicide intervention develops the skills used in suicide first aid. *ASIST* is a two-day intensive, interactive and practice-dominated course designed to help caregivers recognize risk and learn how to intervene to prevent the immediate risk of suicide. This course, also evidence based, will teach you the skills necessary to conduct the 2-day workshops.

The course is divided into four parts:

1. **The ASIST workshop:** Candidates will experience the ASIST 2-day workshop as participants would, even if they have participated in other ASIST workshops.
2. **Transition to Trainer:** will prepare the candidates for the next two days and understand their new role as a trainer
3. **Coaching and Practice:** Candidates will be coached and allowed to practice their assigned portion of the workshop.
4. **Implementation Strategies:** and marketing tools will be discussed as well as the commitments between the trainers and LivingWorks.

Upon completion, the trainers will receive a trainer manual, organizer guide, implementation guide, workshop audiovisuals, posters, slides, dissemination materials, carrier bag and suicideTALK, a program for providing awareness presentations

Emphasizing structured small-group discussions and practice, the course uses a 300-page manual and two award-winning audiovisuals. Candidates are instructed in teaching methods such as Socratic and open ended questioning, and simulation experiences, enabling them to follow the standardized program with confidence and ease.

ASIST is designed to help all caregivers become more ready, willing and able to help persons at risk. Prepared caregivers can help prevent suicide.

Unprepared caregivers tend to deny, avoid, even stigmatize and punish persons at risk. That is what society has traditionally done. All evidence indicates that unprepared caregivers continue this dangerous tradition. Training is required to turn denial, avoidance and stigmatization into vigilance, understanding and help.

ASIST Course Objectives:

By completing the training, participants will be able to:

- 1) Relate to other ASIST participants through their own experiences of being ASIST participants;
- 2) Deliver ASIST in teamwork with other trainers;
- 3) Deliver ASIST to caregivers in their community

Participants will also make a commitment to improving community resources.

Registration Information

<input type="checkbox"/> <i>ASIST T4T</i>	<i>Pittsburgh</i>	<i>June 15 - 19, 2009</i>	<i>\$2,600*</i>
DEADLINE FOR REGISTRATION: June 10, 2009			

CONFERENCE FEE - Includes tuition, lunch, morning and afternoon breaks, conference materials, and continuing education certificate. The registration fee does not include overnight accommodations or dinner.

***Please make check payable to LivingWorks. You may also register online at LivingWorks.Net**

LOCATION

PITTSBURGH AIRPORT MARRIOTT

777 Aten Road, Coraopolis, PA 15108

Phone: 800-328-9297 or 412-788-8800 Fax: 412-788-6299

*A block of guest rooms has been reserved at the following rate: \$84.00 for single occupancy. The sales rates do not include the 9% Pennsylvania Occupancy Tax. These rates are guaranteed until May 15, 2009. Please call the hotel directly at 1-800-328-9297 and be sure to use the code **brnbra**. You may also register online at pittsburghmarriott.com and enter the code **brnbra** under group promo.*

Refund and Cancellation Policy:

A \$500 USD deposit now due (non-refundable unless course is cancelled or postponed) with balance due by start of course. Term is net 30 days. If you are unable to attend the conference, please notify LivingWorks as soon as possible so they may choose someone from their waiting list. You may contact them at 1 (910) 867-882 or info@livingworks.net Registration fees are refunded upon written request via fax, e-mail or regular mail received 3 business days prior to the event, minus the \$500 deposit. No refund will be issued for cancellations received less than 3 business days before the event. Late requests for refunds due to a family emergency only will be considered on a case-by-case basis.

REGISTRATION FORM

PLEASE COMPLETE ALL INFORMATION REQUESTED BELOW: (Please print)

Name: _____ Degree: _____

Job Title/Position: _____

Agency: _____

Address: _____

City/State/Zipcode: _____

Day Phone # with area code _____ Evening#: _____

Email Address: _____

Fax Number: _____

SPECIAL REQUESTS: Vegetarian Lunch Require Special Assistance (ADA)

Type of Credit Desired: APA CEU ASWB NBCC

Enclosed is a check for the total amount of \$_____.
Please make checks payable to: LivingWorks

Please charge \$ _____ to my: VISA Mastercard

Cardholder's Name: _____

Credit Card Number: _____

Expiration Date: _____

Mail Registration to Register:

LivingWorks Education
4303D 11 Street SE
Calgary, Alberta T2G 4X1

Online @:

http://www.livingworks.net/AS-T4T_Reg20090323.php