



## ***What is Recovery Month?***

- An annual observance that takes place every September.
- Highlights the benefits of substance abuse treatment and promotes the message that recovery is possible.
- Provides a platform to celebrate people in recovery and those who support them.
- Educates the public on substance abuse as a national health crisis and that addiction is a treatable disease.
- Reduces stigma associated with addiction.
- Provides a face and voice for recovery.

***Recovery Month*** promotes the societal benefits of treatment for substance use and mental disorders, celebrates people in recovery, lauds the contributions of treatment providers, and promotes the message that recovery in all its forms is possible.

***Recovery Month*** spreads the positive message that behavioral health is essential to overall health, that prevention works, treatment is effective and people can and do recover

**Recovery Is For Everyone**