

**OMHSAS Adult Advisory Committee
CSP Regional Report Summary**

Region: Southeast

Submitted by: Mary Fala, SE Regional CSP Technical Assistant

Date: October 21, 2011, 2011

Summary of key activities of past two months:

- **Seed Grants:** The Seed Grant Subcommittee approved two seed grant proposals during our first round. See the Seed Grant Summary Report attached.
- **Budget:** We have spent \$350.00 on seed grants, \$1374.51 on scholarships, \$111.45 attending the September OMHSAS Advisory Committee meetings, \$145.05 on transportation reimbursement, and \$246.22 on food so far this year. We have \$12, 272.77 left out of \$14,500. See attached budget.
- **Elections:** Lisa Gardner, William Holt, and Alan Stone were elected co-chairs in September. Anna Burns was elected treasurer in October. We hold elections annually.
- **Guest Speakers:** Terry Roth, from DASH (Disability Advocacy Support Hub), presented a workshop on "Different Approaches to Advocacy" at our September 12th meeting. In October, we continued our review and discussion of a PowerPoint presentation about effective CSP meetings. Our discussion centered around how the agenda is set and also the need to clearly state the mission of CSP at the beginning of every meeting. We decided to see what CSP brochures are available in the region and perhaps create a Regional CSP brochure. Bob Manrodt, our State Spiritual Supports Facilitator, had been scheduled for this past March but had to cancel due to illness, so now he will be speaking at our November 7th meeting.
- **Advocacy Subcommittee:** Sent a letter to legislators advocating for continued medication coverage for people on Medicaid. The letter emphasized that not covering medications will lead to higher health care costs in the long run.
- **Outreach Subcommittee:** CSP plans to focus intensively on outreach. We want to learn from other regions. We also want to look for ways to link with CPSs, families, provider agencies, CSTs, related events, and other groups. We plan to publish our first e-newsletter in November, which will include an invitation to our Holiday Party.
- **Scholarship Subcommittee:** Awarded two partial scholarships to the 2011 Alternatives Conference. We have awarded a total of five scholarships.
- **Speaker Presentations Subcommittee:** Drew up a list of possible topics and speakers for this year.
- **CSP PowerPoint Subcommittee:** Updated Effective CSP Meeting PowerPoints and submitted suggested revisions to Pat Madigan.
- **Holiday Party Planning Subcommittee:** Began planning for our Holiday Party, which will take place on Monday, December 5th during our usual meeting time.
- **Social Subcommittee:** First time having this subcommittee, which will survey regional committee members about possible social activities they would enjoy together outside the meeting time.
- **Issues/Points of Strength:** We have discovered our need to have by-laws in order to settle CSP issues that arise. Currently, we are using Dauphin County CSP by-laws, and we are considering adapting them for our region. Also, Bucks County is looking at how to begin CSP anew in the county. Surveys explaining what CSP is and inviting responses about interest in CSP and barriers to making it successful were given to people who attended the Bucks County Advancing in Recovery Event on Friday, October 21st.

OMHSAS ADULT ADVISORY COMMITTEE
CSP REGIONAL REPORT SUMMARY

REGION: Northeast

DATE OF MEETING: September 20 & October 18, 2011

SUBMITTED BY: Lynn Houseknecht, Northeast Region CSP Technical Assistant

REPORT SUMMARY:

September-

Liz Woodley, Forensic Peer Support Coordinator at Pennsylvania Mental Health Consumers' Association (PMHCA) provided an update. PMHCA and Drexel University are working in partnership to develop and implement Forensic Peer Support training. Funding for the project is provided by a grant from the Pennsylvania Commission on Crime and Delinquency and the Office of Mental Health and Substance Abuse Services.

The deadline for seed grant submission has been extended to October 28, 2011

Voting/Legislation- Luzerne County has registered four new voters.

Outreach- The group continues to work on developing a one-page document to help start or strengthen CSP's. Wayne County has offered their drop-in center as a venue for a future CSP meeting.

October-

Shelley Bishop, Recovery Consultant for Community Care Behavioral Health provided information about the North Central Update: Physical Health and Behavioral Health Activities; Health Care Reform Update and North Central Re-Procurement.

To further the goal of increasing voter registration in the Northeast Region a legislative sub-committee was developed. The group assembled and distributed a book which included the following information: County Contacts and Web Sites, the Importance of Voting, Reasons to Register to Vote, Voter Registration Requirements, What to Bring, Provisional Voting, PA Voter Bill of Rights, Important Websites, Voter Registration Applications and a Voting Chart.

**OMHSAS Adult Advisory Committee
CSP Regional Report Summary**

Region: Central

Submitted by: Tom Newman

Date: October 21, 2011

The CRCSP has been very busy; we gave \$1750.00 for 4 seed grants. They were given to Dauphin County for a Recovery Quilt, Centre Country for a Resource Book, Lycoming/Clinton Counties to host a Wellness Fair and Cumberland/Perry for a Recovery Quilt. We are currently reviewing 3 more Seed Grants from Blair, Dauphin and York Counties.

From our Education Empowerment Training fund we gave 2 grants both for \$500.00 dollar. The first one was to Blair County for their Opportunity Drop In project. The second went to Lebanon County to do two eighteen hour WRAP trainings

We are still working on distributing the Recovery books and the red WRAP books we gave to each of the seventeen local CSP's

Our meeting format of all business meeting and then an educational meeting trading off every other month. The educational meeting has been on various subjects. The August meeting was education and we did our annual Seed Grant Festival Bedford County presented the funding and outcomes from the new H.O.P.E.S. drop-in center Open House in December. Dauphin County presented their banner for their local CSP, to go out into the community for events. Cumberland/Perry County presented their program and information on the outcomes of their 1st Annual Wellness Summit at the Central Pennsylvania College. York County presented their Consumer Art Exhibit called "Glimpse of Wellness" 2011. The Consumer Art Exhibit is still traveling throughout the community.

Pat Madigan, PMHCA presented a logo contest for CSP's in the state of Pennsylvania. There are four regions and each one will hold a contest within their local CSP's to come up with one logo. So we will end up with four CSP logos. At the next PMHCA conference in June 2012 we will have everyone vote for the best logo. That will be the logo for the entire Pennsylvania CSP.

OMHSAS Adult Advisory Committee CSP Regional Report Summary

Region: Western

Submitted by: Sharon A. Miller, a Western Region CSP co-chair, regional CSP representative member of OMHSAS Adult Advisory Committee, Director of Education & Community Relations, NAMI Southwestern PA

Date: October 25, 2011

WRCSP Co-Chair Contact Info: Bonnie Gallaher; gallaherb@fswpa.org / Wendy Keefer: wkeefe@atlanticbb.net / Sharon Miller: (888) 264-7972 / smiller@namiswpa.org

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WRCSP Toll Free: (866) 400-0620

Meeting Format: Meetings continue to be held on the second Friday monthly at the Tanglewood Center in Butler. Attendance consistently averages about 75 to 80 individuals. Meetings now alternate between offering an educational presentation and the convening of the standing workgroups. Monthly reports are given by OMHSAS, NAMI SWPA, PMHCA and PAPSRS along with opportunities for local CSP representatives and other stakeholders to report. The convenings continue to have a strong focus on information sharing and each meeting devotes time to mobilize support to engage in specific legislative advocacy. Some examples of key issues that have been addressed at recent meetings are:

- State budget updates
- New co-pays for medical assistance transportation program (MATP) to treatment services
- Decrease in mileage reimbursement from MATP for personal transportation costs to services
- Changes in Medical Assistance renewal process and shortened timeframes for notification of termination to individuals
- New limits on MA pharmacy benefits to a 6 medication limit per individual

Monthly Meeting Summaries since Last Reporting:

- October: Joan Erney, JD, Chief Business Development and Public Policy Officer, Community Care was scheduled to present however, in her stead, Shelly Bishop provided an excellent update/overview of behavioral health managed care utilizing a Community Care power point presentation. The update included a status report of the north central region, integration of physical health-behavioral health models, ACA update and north central re-procurement. We thank Shelly for this informative presentation as many challenges and opportunities lie ahead; nothing about us without us!

WRCSP Newsletter Project: The Drop-in-Center standing workgroup of WRCSP has published the first edition of the regional newsletter through seed grant funding and the support of the MHA NW PA. The next edition of the bi-annual newsletter will be distributed during the December meeting and via the WRCSP E-mail distribution list. Contact CHAPS to secure a copy via postal mail and/or to be added to the E-mail list.

WRCSP Scholarship Applications: The intent of the scholarship program is to expand opportunities for people living with mental illnesses and family members to participate in educational programs and conferences held within PA. Contact CHAPS to request an application.

Technical Assistance to Local CSPs: WRCSP steering committee members are available for the provision of assistance in strengthening the effectiveness of the local county CSPs. Contact CHAPS or Sharon Miller for more information. Currently Beaver County is revitalizing the community support program through the input of local key stakeholders with NAMI Southwestern PA, WRCSP and Value Behavioral Health support.