



Pennsylvania System of Care Partnership May 2010

A System of Care Is...

- ... an organizational philosophy and framework
- that involves collaboration across agencies, families, and youth
- for the purpose of improving access and expanding the array of coordinated community-based services and supports
- that help children, youth and families function better at home, in school, in the community and throughout life.

These Cross-Cutting Characteristics Are Transformative

- **Meaningful partnership with families and youth** in system building (leadership, governance, structural decision-making, design and implementation).
- **Cultural competence:** processes and structures that respect the key cultural considerations of every child and family, and engage their communities and their natural and informal supports.
- **An integrated cross-system perspective:** processes and structures that will operate in a non-categorical fashion.

Core Elements

- Effective Leadership
- Effective Collaboration
- Cultural Proficiency and Linguistic Accessibility
- Connection to Natural, Informal Helpers
- Both Bottom-Up and Top-Down Approaches
- Effective and Open Communication
- Teamwork
- A Positive Attitude

Adapted from Pires, S. (2002). *Building Systems of Care: A Primer*

**Cooperative Agreement
between the
Commonwealth of
Pennsylvania and
U.S. SAMHSA/CMHS,
2009-2015**

The Grant

- 6 Years
- \$9 million federal funds
- Approximately \$ 9 million match required

Our Cooperative Agreement

Specific commitments have been made between the Commonwealth of Pennsylvania and SAMHSA:

- Key Staffing
- Evaluation
- Family-Driven, Youth-Guided and Culturally Competent
- Collaboration and Integration
- Logic Model/Strategic Plan
- Sustainability

Staffing Requirements

- Principal Investigator
- Project Director
- Lead Family Contact
- Youth involvement Specialist
- Key Evaluation Staff
- Social Marketing-Communications Manager
- Technical Assistance Coordinator
- State-Local Liaison
- Cultural and Linguistic Competence Coordinator

Logic Model/Strategic Plan

During year one, our cooperative agreement requires the development of a logic model, which will serve as the basis for the strategic plan for the System of Care Partnership.

Sustainability

Our cooperative agreement requires a plan for sustainability, which is defined as the maintenance of systems of care over time, including the infrastructure, services and philosophy.

Our Application

- To develop Systems of Care to serve youth ages 8-18 that have serious mental health needs, and their families.
- These youth are also involved with child welfare or juvenile justice, and are in or at risk of out-of- home placement.

The Minimal Commitment

- Each participating county will build a system that includes High Fidelity Wraparound, the practice model defined by the National Wraparound Initiative,
- to serve at least 50 youth annually,
- with over 1,000 youth and families to be served during the course of the SAMHSA cooperative agreement.

Building on Initiatives

- Integrated Children's Services Planning
- Family Group Decision-Making
- MacArthur Foundation Models for Change
- Evidence Based Practice expansion
- High Fidelity Wraparound
- National Governors Association Initiative
- Pennsylvania Permanency Initiative
- Youth Advocacy
- Pennsylvania Families Incorporated

The Ultimate Vision

Pennsylvania will expand the structured approach to System of Care development to all Pennsylvania counties.



How is this Different

- Infrastructure to support cultural and organizational change
- Youth and Families in decision-making positions and at the center of their teams
- Staff with single purpose
- National Standards
- Extensive Evaluation
- Resources to develop community supports
- Focus on most challenging situations

State Leadership Team

Comprised equally of youth and family representatives and top officials from

- Mental Health,
- Child Welfare,
- Juvenile Justice (JCJC and PCCD), and
- Governor's Commission on Youth and Families,

will be responsible for the Pennsylvania System of Care Partnership.

Partner Counties

15 counties, selected on the basis of need, commitment, and readiness will establish the infrastructure to build systems that

- work together with youth and families,
- integrate professional services, and
- utilize the natural supports that exist in families and communities throughout Pennsylvania.

County Leadership

- Youth, family, and professional governance structures will be established in the Partner Counties.
- Program development, policy, procedure, and financing decisions will be made by these county governance teams.
- Support for the governance, as well as for program development will be available.

Youth and Family Training Institute

- The Youth and Family Training Institute, a division of the University of Pittsburgh and Western Psychiatric Institute and Clinic of UPMC, will support, monitor, and evaluate the System of Care development in the counties.
- The Youth and Family Institute will also continue to be responsible for the training, certification, and on-going development of High Fidelity Wraparound, which will be the fundamental practice model for all counties.

Outcomes of Systems of Care

- Behavioral and emotional problems decreased
- Youth involvement with juvenile justice decreased
- Youth became less depressed and less anxious
- Suicide attempts and ideation decreased
- School attendance and performance improved

Systems of Care and High Fidelity Wraparound Philosophy

- The youth and family move from being consumers of services to being in control of both their services and their lives.
- Service agencies move from being providers to being partners and champions of the youth and family.
- Communities and natural supports can be life long resources.

Leading Edge

- The concept of family-driven, youth-guided care was in the report of the President's New Freedom Commission.
- The Institute of Medicine indicates that health care system redesign needs to involve care customized according to individual needs and values, with the individual (as) the source of control.

Institute of Medicine (2001): Crossing the Quality Chasm:
A New Health System for the 21st Century.